



**NASHOBA LEARNING GROUP, INC.**  
**PROGRAM OPERATIONS AND FACILITIES PLANS**  
**TO MITIGATE COVID-19 INFECTION**  
**2021/2022 School Year**  
**School Program Plan**

(as of September 2021)

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**Objective:** Nashoba Learning Group, Inc. (NLG) serves individuals with autism and related disorders with a mission to enable them to function with the greatest possible productivity and independence in the community, home and workplace throughout their lives. Many of NLG’s student and adult member population are immunocompromised and/or lack the ability to accurately identify the onset of symptomatic indicators resulting from an illness, leaving them more susceptible to communicable diseases. The Coronavirus referred to as COVID-19 is a highly contagious respiratory virus that has spread globally and has been characterized as a pandemic by the Center for Disease Control and Prevention (CDC) and the World Health Organization (WHO). While new vaccines are currently being manufactured, distributed and administered, it is expected that it will be, at least, a number of months before vaccine is available to everyone in the United States. There also continue to be new variants of COVID-19 developing and spreading internationally. As a result, COVID-19 will continue to pose a significant risk to the health and wellbeing of NLG’s students, adult members, and staff. This increased risk to health and safety has impacted, and will continue to impact, the way in which NLG operates in the implementation of its mission. The purpose of this Plan, and ongoing updates to this plan, is to document the impact of the COVID-19 pandemic on NLG’s operations in order to mitigate the spread of infection and NLG’s response to an infection if/when it occurs.

## What We Know About COVID-19

**Definition:** In 2019, a new coronavirus was identified as the cause of a disease outbreak that originated in China. This new coronavirus, known as COVID-19, has spread globally and is a highly contagious respiratory virus. In March of 2020 the WHO declared COVID-19 a pandemic. You can find a COVID-19 fact sheet by clicking on the following link: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

**Spread and severity:** The virus spreads mainly from person-to-person.

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person talks, coughs or sneezes.

These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

- People are thought to be most contagious when they are most symptomatic (the sickest).
- Spread is also believed to be possible before people show symptoms or through asymptomatic carriers (those who never show symptoms or feel ill).

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

The virus that causes COVID-19 is considered highly contagious in that it has been spreading easily and sustainably in the community (“community spread”).

**Symptoms:** The virus has a broad range of symptoms that may show up between 2 and 14 days after exposure. These symptoms can range from mild to severe and a person with COVID-19 may show a few or many of the symptoms listed below:

- Fever (usually a temperature of 100.4 F or above), felt feverish, and/or had chills
- Cough
- Sore throat
- Shortness of breath and/or difficulty breathing
- Gastrointestinal symptoms (diarrhea, nausea, vomiting)
- Fatigue
- Muscle or body aches
- Headache
- New loss of smell and/or taste
- Any other signs of illness

The fact that this virus can be asymptomatic, mild or severe in individuals, or cause so few or so many symptoms, and is highly contagious makes this a formidable challenge.

**Protecting Yourself and Others from COVID-19:** The best way to protect yourself is to get vaccinated. If you choose not to get vaccine or until vaccination is available to your student the next best way is to avoid exposure to the virus. There are numerous recommendations made by the CDC to help protect us from contracting the virus. These do not provide certainty that you will not contract the virus, as we said above, it is formidable, but, these steps will help mitigate the spread of the virus. At this time, it is also recommended that those who have been vaccinated continue to practice these measures while in public spaces as further longevity studies are required to identify any potential for spread of the virus from a vaccinated individual to an individual who has not yet been vaccinated. You will see as you read further into this plan that NLG has implemented procedures that address all of these recommendations by the CDC and the MA DPH.

- *“Wash your hands often with soap and water”*: this must be done for at least 20 seconds each time you wash your hands.
- *“Use an alcohol-based hand sanitizer”*: when soap and water are not readily available. The hand sanitizer must contain at least 60% alcohol.
- *“Clean and disinfect frequently touched surfaces”*
- *“Practice social distancing”*: when you need to go into the community, shopping or to visit others, always maintain at least 6 feet of distance between yourself and others.
- *“Wear a cloth or other protective mask when in public settings”*: make sure that it covers your nose and your mouth and fits snugly.
- *“Stay home if you are sick”*: if you feel unwell and certainly if you experience any symptoms described above, be sure to stay home. Do not mask symptoms with medications.
- *“Call your doctor if your symptoms persist”*: at a minimum you would need to self-isolate for up to 10 days however, your doctor may recommend you get tested for the virus which could decrease your period of isolation.
- *“Seek medical help immediately if you begin to experience severe symptoms”*: such as high fever, extreme difficulty breathing, bluish lips or face, persistent pain or pressure in the chest, severe persistent dizziness or lightheadedness, new confusions or inability to rouse, and/or new seizures or seizures that will not stop, to name a few.

## Plan Purpose & Objectives

**Purpose:** This plan has been developed to address the specific health and safety needs of NLG's staff, students, and adult members as well as effective continuation of NLG's operations during the COVID-19 pandemic and will continue to be amended as new information is available and conditions change.

**Objectives:** This plan combines what we have learned regarding how to most effectively provide our adult members and students with instruction, with what we know about the virus, to implement what is necessary to operate safely while on-site. The guiding principles of this plan are as follows:

- The health, safety and well-being of NLG's community inclusive of staff, students, adult members, families, and external constituents, are paramount and inform every aspect of these plans;
- We have/are all experiencing various challenges throughout this crisis and our students and adult members benefit most when we all work together with patience, respect and understanding in managing those challenges;
- Utilize what we have learned since mid-March 2020 at the on-set of the crisis to develop models that can meet the unique needs of NLG's students and adult members and continue to make improvements based on ongoing learnings and changing conditions;
- The structure of each plan must be flexible enough to accommodate the individualized needs of those served by NLG while also providing the fluidity needed to quickly and easily transition from one model to another with very short notice;

It is important that all parents/guardians understand the contagious nature of COVID-19, the risks inherent in sending their child to a program, and the possibility that the program model may change with little or no notice, should public health data or NLG specific data warrant it.

# Adapting NLG's Facilities to Minimize Transmission

NLG has implemented a number of changes to its facilities and on-site processes to maximize staff and student/adult member safety while on-site.

***Facility Pods:*** NLG's physical spaces have undergone a number of changes since the onset of the crisis to accommodate a number of health and safety procedures to assist with minimizing transmission of the virus while also being able to provide services to our students and adult members. To decrease the number of individuals each person can come into contact with and minimize the possible transmission and spread of the virus, each NLG facility has been arranged into pods; 10 Oak Park into 4 School Program pods and 170 Lexington Road into 2 School Program pods on the 1<sup>st</sup> floor. Starting in March 2021, we were able to allow movement between pods for vaccinated Clinical staff and vaccinated Specialists. Vaccinated students can travel between pods and visit common areas such as the library and gym. Unvaccinated students can visit common areas but must travel straight from their pod to the area only at their designated time. Each pod occupies approximately ¼ of each building and includes all of the classrooms, restroom facilities, staff, equipment and other resources needed to administer the programming and behavior plans for the students within that pod.

***Visitor Screenings and Reminders:*** Visitors are required to complete a daily form attesting to various daily health and safety screening requirements prior to being admitted to NLG's facilities.

***Facility Front Door Signage:*** There is a sign posted on each door of each NLG facility to inform staff or any visitors of conditions under which they are not to enter the facility. (see *Entry Screening* sign (starts with STOP) attached)

## ***Internal Communication Protocols:***

***Walkie Talkies:*** Every staff member in each facility is assigned their own walkie talkie. Each walkie talkie has been labeled with each staff member's name and is kept either on charging stations in one of the classrooms they work in or on their desks if they have one.

***Behavior Data Collection Tablets (BDCT):*** School Program daily staff:student scheduling, and any changes to that scheduling throughout each day, can now be seen through a feature on each student's BDTC. This eliminates the need for staff in each neighborhood (now Pod) to congregate around the large computer monitors hung in each pod's hallway. If a change is made to the schedule during the day, a notification icon appears on the tablet which informs the staff member they need to check the schedule to ensure any change that occurred does not impact them.

***Signage in Classrooms and Hallways:*** Signage has been placed throughout each pod to remind staff and students about social distancing, PPE use, handwashing, hand sanitizing, and disinfecting procedures. With the exception of restrooms, as use is based on need, schedules have been posted in any rooms used by students from multiple classrooms to ensure staff:student pairings are not crossing in the hallways and that specific time is allocated for required cleaning and disinfection of these items/areas between uses (such as treadmill use and the movement room).

### ***Storage of Staff and Student items:***

***Cubbies and Plastic Storage totes:*** Each staff and student will have their own cubby to keep their belongings in within the pod where they are allocated. Staff members who have designated desks will keep their items secured in their desk area. Cubbies are first allocated to students and for any staff who are not able to have their own cubby, a plastic storage tote is provided and kept in specified areas of each pod for each staff member assigned to that pod.

***Staff Fanny packs:*** NLG provides each staff member with a fanny pack to carry items they will/may need regularly throughout each day to avoid the need to retrieve and/or share certain items. These fanny packs are sufficiently sized to store, at a minimum, a travel size hand sanitizer, 2 or more pairs of plastic gloves, 2 or more disposable surgical masks, 2 or more lens wipes, preferred writing implement(s), building key fob, mints, and, if needed goggles.

***Personal Protective Equipment (PPE) and Cleaning/Disinfecting Supplies:*** Below you will find a list of the materials NLG has on hand for these purposes. It is NLG's intent to keep an inventory level of 3 months of these supplies on hand at all times.

### ***PPE Materials:***

- ***Face Masks:*** All staff are required to wear a face mask. All students who are able to tolerate wearing a face mask will also be required to do so. Those who cannot will continue to work on mask toleration unless there is a medical reason why this is not appropriate.
  - ***KN95 masks (reusable) - aka. Filtering Facepiece Respirators or FFR*** – Staff working directly with students will be provided with these masks to wear if they prefer a KN95 over a surgical mask as the work they perform requires they be within 6 feet of the student they are working with. FFR masks are available to be picked up at any time with the receptionist and/or nursing at any location.
  - ***Masks with Face Shields (reusable)*** – For use by staff who need to escort and/or physically restrain a student. These will also be available to staff who work directly with students as needed. Or when staff must monitor a student in the isolation room due to COVID-like symptoms and/or exposure.
  - ***Surgical masks (disposable)*** – These will be available in the nursing office, first aid kits, storage bins outside of safe rooms and FA bins within each classroom for immediate use by anyone who has their mask removed by a student or a mask they are wearing is somehow destroyed/compromised. These will also be available for any students who wear masks but forget to bring one to the school that day. NLG is stocking the standard size and children's size.
  - ***Cloth masks (reusable)*** – NLG will not specifically keep cloth masks in inventory but will allow staff who are not working directly with students to bring in and wear their own cloth masks from home as long as they commit to regularly cleaning and disinfecting their masks and the mask does not have any offensive wording or visuals. Otherwise, non-direct staff will be provided with the disposable surgical masks or the KN-95 masks if they prefer those.
- ***Goggles (reusable):*** to be used primarily by nurses for eye protection. May also be used by direct staff if desired or if assessed as a need by an NLG nurse (for example, to wear



while working with a student who frequently spits or needs to use the isolation room for concern of COVID-like symptoms/exposure).

- *Gloves (disposable)*: to be used by staff involved in any kind of physical management, assistance with feeding, toileting and the performance of other ADLs. Gloves are available in receptacles outside of classrooms, in all bathrooms, and in kitchenettes. Gloves are also available in all nursing suites.
  - Nitrile Powder Free – sizes small, medium large and extra large
  - Non-Latex (Vinyl) – sizes small, medium, large and extra large
- *Surgical Gowns (disposable)*: to be used by staff who are required to stay with students in isolation rooms. Also by nurses as required and available in all nursing suites. May also be used by direct staff in situations that are determined to require the additional protection.
- *Shoe Covers (disposable)*: to be used by staff who are required to stay with students in isolation rooms. Also by nurses as required and available in all nursing suites.

Cleaning/Disinfecting Supplies: All cleaning and disinfecting agents are approved by the Environmental Protection Agency (EPA).

- *Hand Sanitizer*:
  - Travel Size – all staff are provided with a travel size bottle when hired to keep with them at all times and refill as needed.
  - 8 oz. Bottles – for desktops (not student desks) and common areas where there is not a wall hung Purell dispenser.
  - Gallon Refill Bottles – to refill travel size and 8 oz. bottles as needed. These are kept in the nursing suites.
  - Purell bags – for wall hung dispensers located in each classroom. These will be checked each day by the cleaning staff and/or a staff person who is assigned to complete the cleaning/disinfection schedule in that pod that day (see *Functions Allowed to Access Multiple Pods* below). These are also checked each night by the nighttime janitorial crew.
- *Lens Wipes*: For disinfecting copy machines, AAC devices, Behavior Management devices, and reinforcement devices.
- *Disinfecting Wipes*:
  - Clorox and/or generic disinfecting wipes – containers will be kept in receptacles on the wall outside of each classroom for quick access by staff.
  - Bleach wipes (Sanicloth-Germicidal) – to be kept in the nursing office and used when assessed by nursing that it is necessary such as to clean up after bodily fluids are spilled (vomiting or diarrhea as examples).
- *Disinfecting Spray*:
  - EPA certified germicidal spray/disinfectant - disinfectant dispersed via a spray bottle used on general surfaces, wait 10 minutes and the surface is disinfected. This can only be done when students (or staff not wearing appropriate PPE) are not present in the area where the spraying is taking place.
  - Electrostatic Sprayer - Clorox Total 360 system for use in disinfecting larger surfaces to disinfect against COVID-19. This can only be done when students

and other staff are not present and requires full PPE coverage on the person who is utilizing the tool (mask, gloves, gown, booties).

**Nursing staff:** NLG has 5 nurses and they all can cross both facilities and both programs. Nurses are well trained in the strict requirements of communicable disease prevention. It is necessary for NLG's nurses to have the flexibility to enter into, and engage staff and students/members assigned to, multiple pods for the following purposes:

1. Ongoing staff and student/member training and prevention requirements;
2. Student/Member medication administration;
3. Response to staff and/or student/member emergencies;
4. Ability to cover work assignments in all NLG facilities and programs in cases of nurse absence and/or illness.

**IT & Facilities staff:** NLG's IT & Facilities staff consists of 4 individuals who work across both sites and programs. It is necessary for these staff to have the flexibility to enter into, and engage staff and students/members assigned to, multiple pods for the following purposes:

1. They require access to all building management systems and functions to address equipment, electrical, or other life safety systems outages, service needs, and/or breakage;
2. They require the ability to retrieve or, if possible, fix in place, reinforcement or operations equipment (tablets, computers, copy machines, telecom, etc.);
3. They require the ability to address building repair issues that may be a health and/or safety hazard.

**Cleaning and Disinfecting:** The CDC provides guidelines for the cleaning and disinfecting of schools, daycare settings, businesses and other settings available to the general public. Cleaning and disinfecting are defined as follows:

**Cleaning:** refers to the removal of dirt and impurities, including germs, from surfaces. Cleaning alone does not kill germs. But by removing the germs, it decreases their number and therefore risk of spreading infection.

**Disinfecting:** works by using chemicals to kill germs on surfaces. This process does not necessarily clean dirty surfaces or remove germs. But killing germs remaining on a surface after cleaning further reduces any risk of spreading infection.

NLG has implemented enhanced cleaning and disinfecting procedures throughout each day and after hours. NLG has hired new staff and repurposed existing staff to carry out specific cleaning and disinfection protocols throughout each day in each of its' facilities. Additionally, NLG has contracted the cleaning service it uses for overnight cleaning to provide enhanced services in addition to the routine cleaning services already provided. Areas of enhanced cleaning throughout each day and overnight include cleaning door handles/push bars, shared counters/tables, and other shared surfaces in the following areas.

- Reception
- Kitchenettes
- Restrooms
- Entrances/Stairwells/vestibules

Additionally, the enhanced cleaning throughout the day includes additional cleaning and disinfecting of phones, treadmills, and safe rooms.

*Deep Cleaning:* A deep cleaning of an NLG facility, pod, or classroom within a facility (if the only area of exposure) will be required if a staff, student or member tests positive for COVID-19 and was present at an NLG facility while symptomatic. The procedure for a deep cleaning is as follows:

- *Wait 24 hours:* from the last time the COVID-19 positive case was in the building before completing the deep cleaning. During this time the area requiring deep cleaning (facility or pod within the facility) is to remain unpopulated. If during the program week, the students/members in that facility or pod within the facility will revert to remote learning for 2 to 3 days.
- *Janitorial Contractor completes Deep Cleaning:* After the 24 hours is up, the deep cleaning is completed at a time when no one else is in the facility (even if only doing a pod). Staff, students and members should be able to return to the facility or pod the following program day.

# Limiting Infection Risk During Other Close Contact Procedures

***Physical Intervention & Restraint Protocols:*** These guidelines are to be used in conjunction with Massachusetts regulations outlined in 603 CMR 46.00 and local procedures. Please be mindful that seeing staff putting on PPE and/or being approached by staff in PPE may create anxiety in students/members. Please use the individualized approach appropriate to reassure your student through the physical intervention:

*Prior to Physical Intervention/Restraint:*

- DO NOT use surgical gowns as they can be easily ripped or torn.
- The following PPE are available to be put on if preferred;
  - Disposable gloves
  - Face shield over mask or goggles, if desired or required for an individual known to spit or bite
- As always, the minimum number of staff required to safely manage the intervention should be involved.

*During the Physical Intervention/Restraint:*

- Staff must be sure to keep hands clear of eyes, mouth and nose of others.

*After the Physical Intervention/Restraint:*

- Remove and dispose of and/or disinfect PPE immediately as trained to do so to avoid potential infection.
- Avoid touching face and limit contact with hard surfaces before immediately washing hands.

***Toileting and Changing Students/Members Protocols:*** These protocols are to be adhered to when staff are required to physically engage in an act of assisting a student/member with sanitary products, and/or helping them change out of soiled clothing, and/or washing up after soiling.

*Prior to Changing and/or Toileting:*

- Minimum number of staff required to safely toilet and/or change student/member are to be involved.
- The following PPE are also to be put on;
  - Disposable surgical gown
  - Face shield over mask
  - Disposable gloves (see next step before donning gloves)
- Wash hands prior to donning gloves

*During Changing and/or Toileting:*

- Staff to be sure to keep hands clear of eyes, mouth and nose of others.
- Dispose of soiled items into designated bag to be thrown away/washed immediately following the procedure.

*After Changing and/or Toileting:*

- Remove and dispose of and/or disinfect PPE immediately as trained to do so to avoid potential infection.
- Avoid touching face and limit contact with hard surfaces before immediately washing hands and any other exposed areas that may have been soiled.
- Put on new disposable gloves to clean and disinfect all surfaces utilized prior to, during and after the procedure.
- Remove disposable gloves and dispose of them immediately as trained to do so to avoid potential infection.
- Again wash hands once the gloves have been removed.
- Student/member is to also wash his/her hands following the toileting and/or changing.
- The disposable surgical gown was worn to protect the staff member's clothing from being soiled, however, if any part of the staff member's clothing had been soiled during the procedure, the staff will be able to change into a new set of clothing. All staff have been advised to keep a change of clothes at NLG, in the event clothes are soiled.

## **Suspending/Modifying Student Programming**

During a public health crisis such as COVID-19 there are certain teaching programs and external environments that have or will be put on hold or for which alternative programming will be provided within the school's environment and/or remotely to address these skills. These primarily relate to Community and Employment and Volunteer sites. The determination as to when to reintroduce these programs during the school day and reengage at community and job site/volunteer sites will be made based on local health and safety data available, including vaccine availability and percent of population fully vaccinated, and the student's ability to independently maintain health and safety requirements within these environments – such as consistently and appropriately wearing a mask.

***Employment and Volunteer sites:*** At times when NLG is not bringing students to employment or volunteer sites, alternative vocational programming will be provided on-site, primarily in the student's classroom or remotely while at home, to maintain and increase the skills already developed and necessary for continued success in these sites. NLG's Vocational staff are continuing to maintain the relationships they have developed over the years with employment and volunteer sites. They are working closely with NLG's nursing staff and the local DPHs in the communities where these businesses exist to stay informed of, and assess the data available regarding health, safety, transmission and vaccine distribution, to determine when returning to each site may be appropriate.

***Community Sites:*** At times when NLG is not bringing students into the community to practice the community skills they are learning, NLG will continue to work on these skills while on-site in the classroom and/or remotely. Most of the locations frequented by staff and students of NLG are within the towns where our programs reside and, therefore, nursing is in touch with the local DPH offices and well informed regarding local transmission rates, vaccine distribution and limitations. They will continue to stay up to date for us to be able to make decisions as to when returning to various community locations would be appropriate.

## Health & Safety Requirements Specific to COVID-19

NLG has implemented numerous additional health and safety requirements, policies and procedures to address a number of issues resulting from the COVID-19 pandemic. Some of these policies, procedures and requirements have been mandated by the agencies to which NLG's programs report, and some have been determined by NLG's Crisis Management Team (CMT) and others who have been consulted to be in the best interest of the health and safety of all NLG staff, students, and members. Regardless of where each of these new requirements have originated, all are considered **MANDATORY**, unless an exception or alternative has been specifically provided in this manual or by a doctor's order, and are consistent with what we believe is necessary to mitigate the spread of the virus within NLG's facilities. ***Willful disregard of any of these policies or procedures by an employee and/or a parent/guardian or residence designee of a student of NLG will result in disciplinary action up to and including termination or discharge.***

***Identifying and Handling Symptomatic or Exposed Student or Staff Member:*** Staff must maintain awareness of their own health throughout each day, particularly the onset of potential symptoms of COVID-19 as well as continually assessing the student they are working with for the signs and symptoms identified on page 2 of this manual throughout the day.

***Symptomatic Student:*** If a student presents with symptoms at the start of the day or during the day the Therapist working with that student is to immediately contact the nurse and tell her to meet them in the isolation room. If the student is not wearing a mask, the staff will try to have the student put a mask on or hold a cloth over his/her mouth while they proceed to the isolation room. At the isolation room the staff member will immediately put on full PPE including gloves, gown, shoe covers, and face shield while the nurse, who is also in full PPE, assesses the student. Upon determination that the student should leave the premises, the nurse will call the parent/guardian to pick up that student immediately. If unable to reach a parent/guardian, the nurse will begin calling the student's other emergency contacts. The staff member will wait with the student in the isolation room until his/her parent/guardian arrives, at which time the staff will bring the student to the parent's/guardian's vehicle. The staff will then remove the gloves, gown, shoe covers, and face shield and safely dispose of them as has been trained. If the parent/guardian has consented to COVID testing on site at NLG, Nursing will complete a BinaxNow Rapid Antigen Test to determine the presence of the COVID-19 infection.

***Symptomatic Staff:*** If a staff member presents with symptoms during the day, he/she will walkie the nurse to meet him/her in the isolation room and immediately proceed to the isolation room. If that staff member is working directly with a student at the time, he/she will first be sure the student is taken care of before proceeding to the isolation room by; 1. If the student is reasonably independent and/or not behaviorally aggressive or a bolter, the staff not feeling well will ask another staff in the room to assume responsibility for the student in addition to their own student so that the staff member can quickly proceed to isolation, or 2. If there is a clinical staff in the room or in a connecting office the ill staff member would call for that person to attend to their student, or 3. In absence of anyone being available the ill staff would walkie scheduling to quickly find someone to relieve the staff member. If the nurse's assessment determines the staff needs to leave the premises, the staff will be sent home. If the staff member has consented to

COVID testing on site at NLG, Nursing will complete a BinaxNow Rapid Antigen Test to determine the presence of the COVID-19 infection.

***Isolation Requirements:*** Students and/or staff, vaccinated or unvaccinated, who have been sent home due to being symptomatic, are required to remain in isolation for: If staff or students have symptoms we would test them at NLG if consent is received prior to sending home.

*14 days:* If not tested of which the final 24 hours must have been without the presence of symptoms without the use of medications.

1. *10 days:* If the individual gets tested and tests positive, isolation may be discontinued if at least 10 days have passed since the first day the symptom(s) appeared, **and** 24 hours have passed since the presence of symptoms without the use of medications and there has been improvement in any respiratory symptoms (e.g. cough, shortness of breath).
2. *If negative test result:* The individual may return to work/school the day after receiving a negative test following approval from nursing after sending the result with proof of date of test and negative result.

***Quarantine Requirements:*** In May 2020, the U.S. Center for Disease Control (CDC) defined a close contact of COVID-19 for the purpose of contact tracing and when/if a person should be tested and/or quarantined as:

*“For COVID-19, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the patient is isolated.”*

The CDC also adds the following definition for Health Care Personnel (HCP) that, if not wearing appropriate PPE at the time, could apply to a direct staff member at NLG who is working 1:1 with an infected person:

*“Having unprotected [not wearing appropriate PPE] direct contact with infectious secretions [e.g., being coughed on] and excretions [such as urine, sweat, etc.] of the person with confirmed COVID-19.”*

For NLG’s purposes, these definitions help us determine who would require testing and quarantine given a positive case of COVID-19 within NLG’s facilities. Given the contagious nature of COVID-19, symptom screenings are being done as an abundance of caution. We expect that in most (and we hope in all) cases when a staff, student or member have a symptom or symptoms that require them to be sent home from NLG, they will be the result of some other illness and not COVID-19. Decisions regarding whether to quarantine staff and/or students would be as follows:

***Staff Quarantine resulting from known or potential direct contact:*** The staff PPE requirements are designed to keep staff safe in the event a student with whom they are working with more closely than 6ft apart develops COVID-19, whether that student is symptomatic or asymptomatic. Adhering to the appropriate procedures for putting on, wearing, and taking off the required PPE is designed to minimize the potential for transmission even with exposure. If a staff member has close contact, as defined above, with a student who has potential symptoms of COVID-19 the following procedures are activated:



1. Staff who have been fully vaccinated as defined in this document, who are not exhibiting any symptoms, do not need to quarantine if directly in contact with a member or staff known to have, or to potentially have, COVID-19.
2. For those who have not been vaccinated or been fully vaccinated as defined in this document, during the period of time between when the potentially infected student became symptomatic, and when the student's test results are received, that staff member would need to be actively taking their temperature a minimum of twice per day and closely monitoring themselves for potential COVID-19 symptoms, but would not be required to quarantine, unless he/she became symptomatic. (Unless there was defective PPE or PPE was not kept on appropriately – for example, if the student tore the staff member's mask off and then sneezed while close to him/her – in this case the staff would begin quarantine that day).
3. If the results of the student's test come back negative, the staff is not required to do any further additional daily screening for symptoms, other than that which is done when he/she arrives at work and those required throughout each day once the results of the test have been received.
4. If the parent/guardian elects not to have their child tested, or the child will not tolerate the test, the staff will continue to actively take their temperature a minimum of twice per day and closely monitor themselves for potential COVID-19 symptoms for 14 days, but would not be required to quarantine, unless he/she became symptomatic.
5. If the results of the student's test come back positive, that staff member would be required to quarantine at home for at least 7 days from the initial date of contact, with a negative test result completed on day 5, all of which is determined by nursing, with the infected person.

*Student Quarantine resulting from known or potential direct contact:* Although staff:student pairings will be separated by at least a 6ft radius of all other staff:student pairings in the classroom, we may require other students within a class, who have not been fully vaccinated, where there is a positive test result to quarantine for up to 7 days, if the parent/guardian chooses to have the student tested on day 5 and receives a negative test result. If a parent chooses not to have the student tested, a 10-day quarantine period, with the ability to return on day 11 given the student is symptom free without medications for 24 hours, will be required. The reasons for this, and why it differs from the staff requirements, is that some students may not have been wearing masks or may not have been wearing masks consistently. Students are also less likely to be able to closely monitor and communicate relevant symptoms they may have and are less likely to be able to maintain the strict increased hygiene requirements needed to keep them safe. While there will be additional air circulation throughout the building, staff and students will be in the same classroom more often than not throughout each school day and, without consistently wearing PPE, or being fully vaccinated, would be more susceptible to infection transmission. Remote services would be provided during that time.

**Decisions made based on the above infection protocols are subject to change or revision if, upon communicating with the DPH, NLG is informed of additional or different requirements for treatment of a particular situation.**

***When to Stay Home from School:*** Additional guidance regarding when to stay home and steps to take in this COVID-19 climate:

- Stay home if experiencing active vomiting or diarrhea related to/not related to COVID-19
- Fever/chills/generalized body aches
  - Fever threshold is 100.4 F or higher
- Extreme lethargy and/or fatigue

If presenting with COVID-19 known symptoms such as fever, cough or shortness of breath immediately follow up with your medical provider and notify NLG nursing.

- Parent/Guardian should call the DPH hotline for guidance regarding presenting with COVID-19 symptoms to determine if testing is warranted and must follow these stay-at-home isolation requirements:
  - If test result is positive or test is not completed the student must remain home for 10 days after the symptoms first appeared; **and**
  - At least 24 hours must have passed since recovery of symptoms which includes having no fever for 24 hours without the use of any fever reducing medications and improvement in respiratory symptoms (coughing and shortness of breath).

If the student, who has not been fully vaccinated, has had direct contact, as defined in the “*Quarantine Requirements*” section above, with an individual diagnosed with COVID-19 he/she is to follow these requirements:

- Quarantine at home for 10 days (returning on day 11 given they are symptom free without medications) after the date of exposure to the COVID-19 positive individual, get tested for COVID-19 and;
  - Track temperature and monitor for symptoms at least twice daily;
  - Notify NLG nursing and contact your medical provider should you begin experiencing symptoms.

***Nursing Responsibilities to be Performed outside of the Nurse’s Suite:*** Nurse’s will be conducting “house calls” to classrooms as needed to perform the activities listed below until such time as restrictions are relaxed based on local and internal public health data. Those required to occur at a specific time will be scheduled:

- ***Basic First Aid needs:*** Cuts and scrapes or other general first aid response. Staff member will treat for basic first aid with the supplies available in the classroom and call nursing to inform of the injury in order to receive a follow up nursing assessment.
- ***Medical Emergencies:*** Such as seizures or other more serious accidents are always responded to where they occur and this will continue to be the case.

## Travel Policy and Required Procedures

For the safety of NLG staff, students and adult members, NLG has implemented the following travel policies during this time as a result of the COVID-19 pandemic. All NLG staff and students are subject to these policy requirements.

Fully vaccinated staff and students are not subject to the following notification and testing/quarantine requirements *UNLESS* they are symptomatic upon return from traveling. Staff and students who have not been fully vaccinated are required to:

**Notification:** Notify NLG of any plans to travel outside of Massachusetts. This notification must include the leave and return dates of travel, where traveling to, mode of transportation (airplane, bus, train, personal vehicle, boat), and lodging venue (hotel, rented home or apartment, personally owned home at that destination, etc.). Parents/Guardians are to notify their child's Clinical Director in writing.

**Travel Requiring Testing or Quarantine:** Travel out of Massachusetts (MA), currently to any destination not deemed a "safe" state by the state of MA (see link provided below), will require testing or quarantine upon return to MA. Travel to any destination outside of MA to a state considered "safe" by MA at the time of traveling, only if traveling by personal vehicle would not require testing or quarantine upon returning to MA. However, NLG requires that even travel to a state identified as a "safe" state by MA via any mode of travel other than personal vehicle (such as airplane, train, bus, cruise ship) would require testing or quarantine upon returning to MA.

**Testing Requirements:** Proof of a negative COVID-19 test no less than 72 hours after the unvaccinated staff, student or adult member has **returned** to MA. Due to the presumed timing of potential COVID-19 infection after exposure, the CDC specifies that testing a person within the first 72 hours of their return from traveling is not sufficient. Therefore, NLG would require the test be administered no less than 72 hours after the individual has returned home from their destination and that the test not only reflect proof of negative COVID-19 testing but must also document the date the test was completed.

**Quarantine Requirements:** If upon return the staff or parent/guardian of the student has elected not to submit the individual to the COVID-19 testing requirements implemented as part of this policy, that staff or student would be required to quarantine at home for 14 days, during which he/she does not show any symptoms, before returning to NLG's program. If the student is asymptomatic or well enough to engage in learning, NLG would provide remote services this student during this time.

**Given the rapidity with which conditions can change in this pandemic, this policy, including approved states and modes of transportation, can change at any time. Be sure to check MA current list of lower risk states at the following link: <https://www.mass.gov/info-details/covid-19-travel-order#massachusetts-travel-form->**

## Closures, Delays, and Dismissals

**Program or Facility:** Communications to NLG staff, parents/guardians, residences, constituent agencies and transportation companies regarding program and/or location closures, delays or early dismissals shall continue to be communicated utilizing the following mediums:

- Rave Alerts System: those who have registered and signed up will receive text notifications via this system <https://www.getrave.com/login/nashobalearninggroup>. It is the responsibility of those who sign up to receive alerts through this system, to update their Rave Alerts settings if their email address or phone number changes. For those who have not yet done so but would like to, we have attached instructions to sign up to this plan.
- NLG's website at [www.nashobalearninggroup.org](http://www.nashobalearninggroup.org);
- NLG's official Facebook page;
- The following media outlets:
  - WCVB Channel 5 and on their website at [www.thebostonchannel.com](http://www.thebostonchannel.com) ;
  - WBZ Channel 4, news radio 1030AM and their website at [www.cbsboston.com](http://www.cbsboston.com) ;
  - WHDH Channel 7 (NBC) and Channel 56 (CW) and on their website at [www.whdh.com](http://www.whdh.com) ;
  - FOX25 and their website at [www.myfoxboston.com](http://www.myfoxboston.com) (this news outlet only posts information specific to NLG's School Program).

In the event that School and/or Adult Program must be dismissed early, in addition to providing notification via the above mediums, each parent/guardian or residence of students/members who are in attendance on that day will be called as soon as the decision is made to dismiss. If a child/adult must be picked up, we will request that the parent/guardian or residence pick up the child/adult as quickly as possible (or the transportation company if that arrangement is made). If they cannot and/or we are unable to reach the parent/guardian, we will contact the other names provided on the emergency information card.

**Pod Only:** There may also be a requirement to close a pod within a NLG facility due to infection rate, deep cleaning requirement, and/or staffing limitations. If this occurs, the Program Director and/or her designee(s) will contact each parent/guardian and/or residence by telephone to inform them of this requirement. This will target communications to those in a specific pod rather than causing potential confusion by communicating more broadly across the organization.

## NLG's Crisis Management Team (CMT)

NLG has formed a Crisis Management Team (CMT) and named a Pandemic Response Coordinator (PRC) to efficiently and effectively coordinate all NLG activities, communications and actions relating to the COVID-19 pandemic emergency. The CMT reports to NLG's President.

**Pandemic Response Coordinator (PRC):** NLG's Nursing Coordinator, Shelli Silverberg, is NLG's Pandemic Response Coordinator (PRC). The PRC's role is to stay informed, review, assess and disseminate information regarding COVID-19 as it evolves. The PRC is also responsible for working with NLG management to ensure the organization has an appropriate and effective Crisis Management Team (CMT) in place (see CMT description below) and to coordinate all CMT activities and requirements. The PRC collaborates with local emergency response and public health planners and works with the CMT on the establishment and maintenance of an appropriate Pandemic Plan for NLG and to ensure coordination of response and communication with these representative agencies.

**Crisis Management Team Members:** NLG has a CMT consisting of executive, administrative, clinical, specialist and direct staff of which the PRC is a part, to ensure that preparedness and pandemic response planning addresses the needs and concerns of NLG staff in all positions. Additionally, the CMT has recruited a parent/guardian liaison from each program to ensure the plan appropriately addresses the needs of the students and members NLG serves. The CMT works with the PRC on the collection of up to date information both internally (staff, student, member related) and externally (various constituents such as regulatory agencies, employers, and emergency resources), determination, development and dissemination of appropriate information, policies, procedures and/or changes resulting from the onset or ongoing occurrence of a pandemic. The Pandemic Plan will be reviewed at least monthly during the pandemic to ensure the response planning and program information is current and applicable. The CMT will ensure the following actions are completed in order to safely prevent and plan throughout the period of the disease outbreak: Identification of essential staff and functions.

- Planning for absenteeism of direct care staff and support services staff (maintenance, HR, housekeeping etc.)
- Planning for absenteeism of students/members.
- Planning for absenteeism of supervisory and administration staff.
- Identification of essential staff and functions.
- Ordering and stocking of essential supplies and support services.
- Planning for absenteeism of support service providers and contractors.
- Planning for interruption and failure of critical equipment operation.
- Communication with parents/guardians, residences and employees.
- Pandemic education for employees.
- Pandemic education for students and members.
- Prevention of risk and exposure procedures and planning.
- Planning for changes to facilities required for health and safety.

- Planning for re-engagement of community and employment programming.

Below you will find the positions at NLG that make up the CMT and the role each position fulfills on the CMT:

- ✓ **Nurse Coordinator:** Is the **Pandemic Response Coordinator (PRC)** for the organization. Is the primary contact within the PRC and coordinates and disseminates medical/health information from emergency resources (such as DPH, CDC, etc.) Coordinates with Program Nurses regarding staff and student illness data over time to identify trends and ensure appropriate communications with the necessary agencies. Coordinates activities, including meetings, of the CMT. **(role is currently held by Shelli Silverberg, MSN, RN)**
- ✓ **Executive Director:** Review of data collected by, and recommendations made by, the CMT to ensure consistency with NLG's mission and consideration of all programs and functions within NLG. Oversees the coordination and development of the written plan and resulting operational procedures. **(role is currently held by Lori Steers)**
- ✓ **IT & Facilities Director:** Identifies and manages threats resulting from crises to NLG's computer systems and capital assets inclusive of the facilities. Coordinates facilities related activities/securities required as a result of the crisis. Coordinates and facilitates facility and equipment changes and needs resulting from the pandemic **(role is currently held by Chuck Morin)**
- ✓ **CFO (or Controller):** Ensures the availability of needed financial resources. Budgets for and tracks additional costs and revenue impact resulting from crisis. **(role is currently held by Kim Borgen, Controller)**
- ✓ **Employment & Vocation Director:** Collects and maintains requirements and information from student and member employment and volunteer sites related to the crisis including when/if any other employees or volunteers at a site are suspected of or have been diagnosed with COVID-19 or if there are any new or changing requirements at these sites as a result of the crisis. During a crisis requiring a temporary reduction or termination of employment and volunteer sites, continues to maintain these external relationships and provides input regarding when it may be safe to begin services again and implementation of same **(role is currently held by Steph Daniels)**
- ✓ **Clinical Operations and Admissions Director:** Stays knowledgeable about the impact of ongoing admissions **(role is currently held by Robyn Stewart)**
- ✓ **HR Administrator:** Ensures any policy and/or benefit related changes, whether temporary or permanent, resulting from the crisis are appropriate, legal and can be applied consistently across the organization. Coordinates with NLG's Program Directors and Nurses to maintain statistics of unplanned and planned PTO information with specific attention to changes in unplanned PTO due to illness to identify trends and potential communications required as a result. **(role is currently held by Doreen Swadel)**
- ✓ **Recruiting Coordinator:** Stays knowledgeable about concerns of new and recent recruits and identifies information or data resulting from staff concerns and anxiety regarding the crisis. Maintains and reviews turnover data for same. Coordinates with Program Directors, Training Director & Coordinator, and Staffing and Allocations Coordinator to identify and recommend changes to orientation, training and employee supports. **(role is currently held by Lauren DePetris, BCBA)**
- ✓ **Program Director-School Program:** This is also the primary **COVID-19 Response Leader** for DESE. This individual is responsible to collect, review and disseminate appropriate data as it is provided by DESE. Ensures NLG is meeting new or changing requirements of DESE as a result of the crisis and keeps relevant NLG personnel informed regarding same. Works

with the CMT-School Program liaisons to coordinate, stay informed and identify concerns and issues resulting from the crisis and consolidates these concerns for discussion with the rest of the CMT to make recommendations to assist and support staff through the crisis. (role is currently held by Lori Steers)

- ✓ **School Program Education Administrator:** Stays informed regarding DESE regulatory changes impacting student programming and education supports. (role is currently held by Maureen Lacerte, BCBA, Professional SPED)
- ✓ **School Program Scheduling and Allocations Coordinator:** Provides information relating to the challenges and issues resulting with team assignments and daily scheduling. Coordinates, communicates, and implements required changes. (role is currently held by Heather Angus)
- ✓ **School Program Clinical Staff:** Representing the needs and concerns of the clinical staff at the 10 Oak Park Drive location. Assists with coordination requirements, communications, data gathering and implementation of changes. (role is currently held by Maureen Lacerte, BCBA, Professional SPED)
- ✓ **School Program Clinical Staff:** Representing the needs and concerns of the clinical staff at the 170 Lexington Road location. Assists with coordination requirements, communications, data gathering and implementation of changes. (role is currently held by Karen Abruzzi, BCBA, Professional SPED)
- ✓ **School Program Direct Staff:** Case Mgr, Lead Therapist, Understudy or Therapist from the 10 Oak Park Drive location. Represents the needs and concerns of the staff working directly with students. Assists with coordination requirements, communications, data gathering and implementation of changes related to this group of employees. (role is currently held by Courtney Hinds)
- ✓ **School Program Direct Staff:** Case Mgr, Lead Therapist, Understudy or Therapist from the 170 Lexington Road location. Represents the needs and concerns of the staff working directly with students. Assists with coordination requirements, communications, data gathering and implementation of changes related to this group of employees. (role is currently held by Chelsey King)
- ✓ **Program Director-Adult Program:** Is the primary contact with MassHealth and DDS to collect, review and disseminate appropriate data as it is provided by these agencies. Ensures NLG is meeting new or changing requirements of these agencies as a result of the crisis and keeps relevant NLG personnel informed regarding same. Works with the CMT-Adult Program liaisons to coordinate, stay informed and identify concerns and issues resulting from the crisis and consolidates these concerns for discussion with the rest of the CMT to make recommendations to assist and support staff through the crisis. (role is currently held by Samantha Carroll, BCBA)
- ✓ **Director of Clinical Practices:** Represents the needs and concerns of Clinical/Team Leaders, Team Coordinators and Team Instructors. Assists Adult Program Director with coordination requirements, communications, data gathering and implementation of changes. (role is currently held by Lauren Savioli, BCBA)
- ✓ **Adult Program Administrator:** Provides information relating to the challenges and issues resulting from capacity issues and daily scheduling. Keeps up to date with regulatory issues resulting from the pandemic. Assists Adult Program Director with coordination, communications and implementation of operational needs and changes. (role is currently held by Patrick King)

See attached *CMT Contact List* for contact information of the current members of the CMT.

The Program Director for each NLG program appoints a representative from each of the groups identified below as their CMT liaisons who will represent the needs and concerns of each program's parents/guardians and residences:

- **A School Program Parent/Guardian (10 Oak Park):** to provide information regarding the needs and concerns of students and their families for those students located at 10 Oak Park.
- **A School Program Parent/Guardian (170 Lexington):** to provide information regarding the needs and concerns of students and their families for those students located at 170 Lexington.
- **An Adult Program Parent/Guardian:** to provide information regarding the needs and concerns of members and their families.
- **An Adult Program Residential Service Provider:** to provide information regarding the needs and concerns of members in a residence and their staff.













# Appendices

# STOP

**EMPLOYEES & VISITORS MUST ANSWER THE FOLLOWING QUESTIONS BEFORE ENTERING THIS FACILITY.**

1. Have you taken any fever reducing medication today?
2. Have you been in close contact with a person known to be infected with COVID-19?
3. In the past 24 hours have you or any other household members had any of the following symptoms:

-  Fever (temp of 100.0 F or above)
-  Felt feverish or had chills
-  Cough
-  Sore Throat
-  Difficulty Breathing
-  Gastrointestinal Symptoms  
(diarrhea, nausea, vomiting)
-  Fatigue
-  Headache
-  New loss of smell and/or taste
-  New muscle aches

**IF YOU ANSWERED YES TO ANY OF THE ABOVE  
DO NOT ENTER!!  
(STAFF ARE TO CALL THE NURSE FOR INSTRUCTIONS)**

## CMT Contact List

**10 Oak Park Drive, Bedford telephone number (781) 275-2500  
170 Lexington Road, Billerica telephone number (978) 528-5210**

<b>CONTACT NAME</b>	<b>POSITION</b>	<b>OFFICE LOCATION</b>	<b>EMAIL</b>
Shelli Silverberg	Nurse Coordinator	Bedford	<a href="mailto:Shelli.Silverberg@nashobalearninggroup.org">Shelli.Silverberg@nashobalearninggroup.org</a>
Chuck Morin	IT and Facilities Director	Bedford	<a href="mailto:Chuck.Morin@nashobalearninggroup.org">Chuck.Morin@nashobalearninggroup.org</a>
Kim Borgen	Controller	Bedford	<a href="mailto:Kim.Borgen@nashobalearninggroup.org">Kim.Borgen@nashobalearninggroup.org</a>
Stephanie Daniels	Employment and Vocational Director	Bedford	<a href="mailto:Steph.Daniels@nashobalearninggroup.org">Steph.Daniels@nashobalearninggroup.org</a>
Robyn Stewart	Admissions Director	Bedford	<a href="mailto:Robyn.Stewart@nashobalearninggroup.org">Robyn.Stewart@nashobalearninggroup.org</a>
Doreen Swadel	Human Resource Administrator	Bedford	<a href="mailto:Doreen.Swadel@nashobalearninggroup.org">Doreen.Swadel@nashobalearninggroup.org</a>
Lauren DePetris	Recruiting Coordinator	Bedford	<a href="mailto:Lauren.Howson@NashobaLearningGroup.org">Lauren.Howson@NashobaLearningGroup.org</a>
Lori Steers	Executive Director/Program Director, DS	Bedford	<a href="mailto:Lori.Steers@nashobalearninggroup.org">Lori.Steers@nashobalearninggroup.org</a>
Maureen Lacerte	Education Administrator, DS	Bedford	<a href="mailto:Maureen.Lacerte@nashobalearninggroup.org">Maureen.Lacerte@nashobalearninggroup.org</a>
Heather Angus	Assistant Program Director, DS	Bedford	<a href="mailto:Heather.Angus@nashobalearninggroup.org">Heather.Angus@nashobalearninggroup.org</a>
Karen Abruzi	Clinical Director, DS	Billerica	<a href="mailto:Karen.Abruzi@nashobalearninggroup.org">Karen.Abruzi@nashobalearninggroup.org</a>
Courtney Hinds	Case Manager, DS	Bedford	<a href="mailto:Courtney.Hinds@nashobalearninggroup.org">Courtney.Hinds@nashobalearninggroup.org</a>
Chelsey King	Case Manager, DS	Billerica	<a href="mailto:Chelsey.King@nashobalearninggroup.org">Chelsey.King@nashobalearninggroup.org</a>
Lauren Savioli	Director of Clinical Practices	Bedford	<a href="mailto:Lauren.Savioli@nashobalearninggroup.org">Lauren.Savioli@nashobalearninggroup.org</a>
Samantha Carroll	Program Director, AS	Billerica	<a href="mailto:Sam.Carroll@nashobalearninggroup.org">Sam.Carroll@nashobalearninggroup.org</a>
Patrick King	Program Administrator, AS	Billerica	<a href="mailto:Patrick.King@nashobalearninggroup.org">Patrick.King@nashobalearninggroup.org</a>

## Information Resources Available

For Pandemic Coronavirus information click on the following links: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>

DPH has created a website updated constantly with the latest guidance, including printable fact sheets in multiple languages. Visit: [www.mass.gov/2019coronavirus](http://www.mass.gov/2019coronavirus).

The DPH Epidemiology Line at 24 hours a day/7 days a week at 617-983-6800.

Massachusetts Department for Public Health: <http://www.mass.gov>

Red Cross: <http://www.redcross.org>

U.S. Center for Disease Control: <http://www.cdc.gov>; 1-800-CDC-INFO (1888-232-6348)

The U.S. Department of Health & Human Services (HHS); <https://www.hhs.gov/>

U.S. Department of Homeland Security: <http://www.ready.gov> ; 1-800-BE-READY (1-800-237-3239)

**Federal, State and Local Planning for Pandemic:** Pandemic viruses will take federal, state and local resources to respond. Roles vary at each level, with general guidance provided at the federal level with detailed operational plans at the state and local levels. The federal government provides general guidance and laboratory support to states, supports vaccine research and conducts national and international disease surveillance activities. In March, 2020 the CDC released its latest pandemic plan which can be found at:

<https://www.cdc.gov/coronavirus/2019-ncov/php/pandemic-preparedness-resources.html>. These resources were created for pandemic influenza but has been recommended by the CDC to follow these guidelines as we learn more about the Coronavirus. MA reviews federal guidance and develops plans for statewide implementation.

<b>Local and NLG Specific Emergency Contacts</b>	
<b>Agency / Individual</b>	<b>Phone Number</b>
Bedford Public Health	(781) 275-6507
Billerica Public Health	(978) 671-0931
Ambulance, Fire or Police <i>Emergencies</i>	911
Billerica Fire Department	1(978)671-0941
Bedford Fire Business	1(781) 275-7262
Bedford Police Business	1(781) 275-1212
Shelli Silverberg MSN, RN – Nurse Coordinator	1(781) 275-2500 X3270
School Physician: Dr. Kerry Ann Williams <i>86 Baker Avenue Extension, Suite 301, Concord, MA. 01742</i>	1(978) 831-3880 (office)

## CDC Travel Alert Threat Levels

Threat Level	Category	Travel Recommendation Resulting from COVID-19
1	Risk of Limited Community Transmission	Travelers should practice usual precautions when traveling to the identified location(s)
2	Sustained (ongoing) Community Transmission	CDC recommends older adults or those who have chronic medical conditions consider postponing travel to the identified location(s)
3	Widespread Sustained (ongoing) Transmission (may or may not include restrictions on entry into the U.S.)	CDC recommends that travelers avoid all nonessential travel to the identified location(s) (for some countries this also includes suspending foreign travelers admission into the U.S.)