

NLG NEWS

Summer Activities to Stay Cool

The summer is here and so is the heat! In the summer it's great to get outside and breathe in the fresh air. Some days are just too **hot**, though. There are many things you can do in the summer to stay cool.

When it is hot, **water** is one thing you should have to keep you **cool**. You can drink it, **swim** in it, or put your feet in it to cool off. If you have a **sprinkler** or a **mister** you can even use that to spray water on you.

If you like the water but don't want to get wet, you can also go on a **boat**. On a boat you can feel a cool breeze. You could even go **fishing** on a boat if you wanted to.



If you don't like the water at all, there are lots of other fun things to do.

Some people like to sit under a tree and read a book or have a **picnic** lunch. If you're lucky, you might even be able to **swing** under a shady tree. Sitting under something like a tree when it is sunny provides **shade** to keep you cool. If you can't find anything to provide shade, a **sun hat** and **sunscreen** can protect your skin from the sun. Other clothes to wear that keep your body cool could be a **bathing suit**, **sandals**, and shorts.



On a day that is just too hot to do anything outside, **ice cream** is a great way to cool down. Ice cream is delicious any time of the year but there is something different about a cold ice cream on a hot day that feels like summer.

What is your favorite summer activity to stay cool?

Comprehension Mad Libs

Use the News story to fill in the blanks to correctly answer the comprehension questions. If able, the member can also fill in the Mad Libs spots!

- You can _____ or swim in _____ to stay cool.
What? What?
- If you don't want to get wet you can go _____ on a _____.
What? What?
- Trees provide _____ from the _____.
What? What?
- You can _____ under a _____.
What? What?
- Without shade you should wear _____ to protect you from the _____.
What? What?
- You can _____ ice cream to stay _____.
What? What?

Word Bank (use some of these terms to complete the red blanks):

water	boat	drink	sun	tree
eat	shade	cool	fishing	sun hat

BINGO!



BINGO!



BINGO!



BINGO!





Water



Shade



Swing



Picnic



Swim



Boat



Fish



Bathing suit



Water shoes



Sun hat



Sweat



Mister



Sunscreen



Sandals



Ice cream

Categories

Instructions: Have each member draw a line to match the question with the corresponding picture. If drawing a line is difficult, feel free to encourage members to point to the corresponding picture.



Conversation Starters:

The staff can assist members in having a conversation about the topic. These questions are intended to initiate the conversation, please elaborate to support on topic responses.

What do you like to do in the summer?

Do you prefer summer or winter?

Where are some good places to go swimming?

What vacations are you planning on taking this summer?

Do you have any tips for grilling?

What is your favorite flavor of ice cream?

Do you prefer to swim in oceans, pools, or lakes?

Journal

On the last day of the week, remind members during journal about the theme this month. Ask the members to name the theme or write/say one thing they learned about the theme this week.

Theme: Summer activities to stay cool

Target words: water, shade, swing, picnic, swim, boat, fish, bathing suit, water shoes, sun hat, umbrella, mister, different, same, cool, hot, sweat, sunscreen, sandals, morning, afternoon, evening

Answering Wh- Questions

Instructions: Show a member the picture and talk about what you see. Ask them the corresponding wh-questions, looking for an appropriate answer.



Where are they? _____

What are they doing? _____

When will they use their towels? _____

Who is swimming faster? _____

How do you know? _____

What would you do?

Directions: State the problem and present both solutions verbally. Circle or select the solution that makes the most sense.

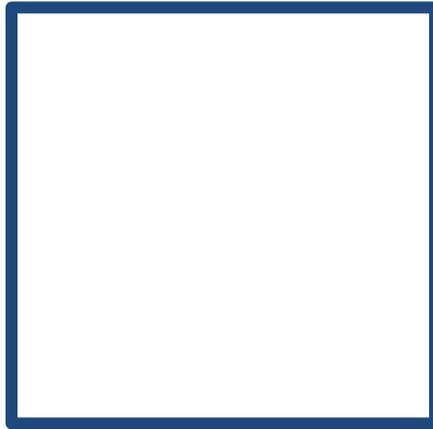
Problem	Solution 1	Solution 2
 <p>It's sunny and you don't have a sun hat.</p>	 <p>Find some shade to sit in</p>	 <p>Get a sunburn and sweat</p>
 <p>It's hot and you are hungry.</p>	 <p>Eat some ice cream</p>	 <p>Eat some soup</p>
 <p>You like the water but don't like to swim.</p>	 <p>Sweat outside</p>	 <p>Run through a sprinkler</p>
 <p>You want to fish but don't have a boat.</p>	 <p>Go fishing from a beach</p>	 <p>Don't fish</p>

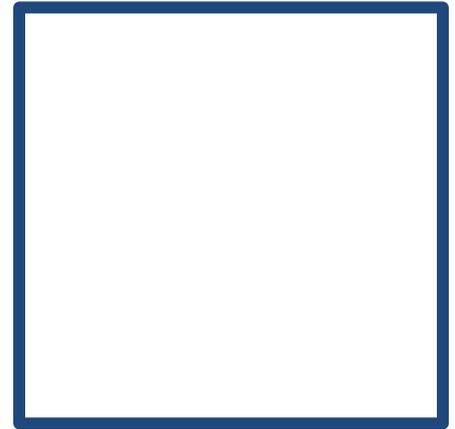
5 Pictures:

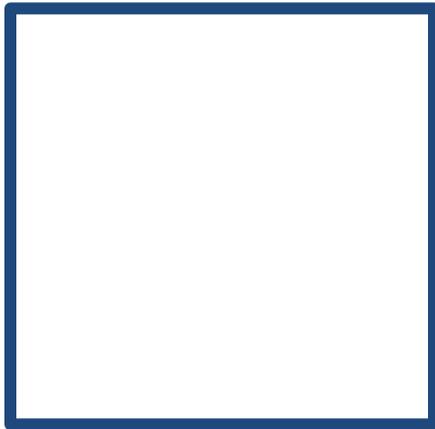
Draw, find on device, cut out a picture, find a picture on the internet, etc. related to the topic. You can use the word bank or think of different words on your own!

Word Bank: water, shade, swing, picnic, swim, boat, fish, bathing suit, water shoes, sun hat, umbrella, mister, different, same, cool, hot, sweat, sunscreen, sandals, morning, afternoon, evening











Concepts

Activity: Discuss the pictures on the page and ask members to select the corresponding answers to the questions that explore basic concepts.



A

B

C

Which one has the MOST ice cream? A B C

Which one has the LEAST ice cream? A B C

Which one is GREEN? A B C



A



B

Which basket is FULL? A B

Which basket is EMPTY? A B

What COLOR are the baskets? **Green** **Brown**